



The Deeper Journey encourages participants to encounter God and deepen their intimacy with the Father, Son and Holy Spirit through the exploration of ancient practices and disciplines. To create an environment in which this can happen, the Deeper Journey experience has been shaped by the following values:

### Sacred Space

We have carefully selected a retreat location and environment that ensures peaceful sanctuary and an opportunity to meet God in His creation.

### Contemplative Worship

Each retreat includes a rhythm of worship that includes Scripture, song, Psalms, sacrament and water.

### Silence & Solitude

Each retreat includes extended times to be alone with God and to rest.

### Practical Teaching

Each retreat includes instruction in the disciplines and spiritual direction.

### Safe Community

The Deeper Journey is a confidential environment where participants can be supported, encouraged and held accountable on their spiritual journey.

## Retreat Schedule

Sunday \_\_\_\_\_

5:00 p.m. Welcome, Registration and Gathering

6:00 p.m. Evensong\*

6:30 p.m. Dinner

7:30 p.m. Large Community Gathering: One

9:00 p.m. Compline

Monday \_\_\_\_\_

8:00 a.m. Matins

8:30 a.m. Breakfast

9:00 a.m. Large Community Gathering: Two

10:30 a.m. Break

11:00 a.m. Small Community Gathering: One

12:00 p.m. Sext

12:30 p.m. Lunch

1:00 p.m. Silence and Solitude

6:00 p.m. Evensong

6:30 p.m. Dinner

7:30 p.m. Large Community Gathering: Three

9:00 p.m. Compline

Tuesday \_\_\_\_\_

8:00 a.m. Matins

8:30 a.m. Breakfast

9:00 a.m. Large Community Gathering: Four

10:30 a.m. Break

11:00 a.m. Small Community Gathering: Two

12:00 p.m. Sext

12:30 p.m. Departure

\*In the fourteen and fifteenth century, monastic spirituality set a pattern for prayer that was followed from morning until evening. While the original pattern involved eight movements, four (Matins, Sext, Evensong, and Compline) are included in the schedule. These will be times of worship: prayer, Scripture, responses, and singing.

## Dates

March 27-29, 2011

June 26-28, 2011

October 9-11, 2011

January 8-10, 2012

March 25-27, 2012

June 24-26, 2012

September 30 - October 2, 2012

January 13-15, 2013

## Cost

**\$200 non-refundable registration fee**, due by February 15. \$250 after February 15.

**\$250 per retreat** due 10 days before each retreat. Cost includes a private room for two nights, all meals, tuition, texts and course materials. While we recommend each person have their own room, those staying in a room with their full-paying spouse may attend for half price, or \$125 per retreat.

## Where to Apply

For additional information or to apply, contact... Ben Becksvoort; Regional Leader, Christian Reformed Home Missions, 2850 Kalamazoo SE; Grand Rapids, MI 49560 616-224-0753; bbecksvoort@crcna.org

## Scholarship Opportunities

### Pastor Church Relations

Deadline: November 1, April 1, August 1  
www.crcna.org/site\_uploads/uploads/pcr/continuinged.doc  
616-224-0746

### Sustaining Pastoral Excellence

*Peer Learning Grants* (Lilly Funded)

Deadline: May 1 or November 1

www.crcna.org/pastoralexcellence

Lis Van Harten, Program Director

616-224-0805; lvanharten@crcna.org

*Come with me to a quiet place and get some rest.*

**JESUS CHRIST**

**You are invited** to a journey of discovery that will capture you—body, mind and soul. It will be a journey that will teach you a rhythm of working and resting. It will place order in your life in a way that leads to transformation in yourself and those you lead. It will bring you into a deeper and more intimate relationship with God. It will restore your soul.

If you are like most Christian pastors and leaders, you have struggled to live within the limits of your humanity as the pressures and weight of ministry have produced never-ending to-do lists and overwhelming expectations from those you serve. The Deeper Journey is calling you to break out of these compulsions and into spiritual rhythms by which you will experience the presence of God more frequently and the voice of God more directly.

The Deeper Journey is a two-year commitment to attend eight “three-day” retreats; to actively participate in a large community, in a small group community, and in communal worship; and to practice the disciplines and the rhythms between retreats. Each retreat will focus on one primary theme, discipline or spiritual practice with significant time set aside for solitude, silence, and rest. Small group communities will meet twice during each retreat and one additional time between each retreat at a location and time to be determined by the small group.

*My experience with the Deeper Journey has been a vital part of the “sacred rhythm” of my life. I have been experiencing a time of transition in my life and ministry, and the Deeper Journey has been deeply refreshing and renewing. The times of teaching, sharing in small groups, silence, and worship have nourished my soul and encouraged my heart. -Steve*



*The Deeper Journey has consistently provided soul-nourishing time to unplug and draw near to God. The combination of solitude, hearty fellowship with fellow pilgrims, small group reflection and prayer, and moving times of worship has offered a sweet taste of God’s presence, power, truth, and grace to me, leaving me renewed to serve in his world. -Neil*



*For me, I always look forward to the times of retreat. Though I’m not always aware of changes happening within me at the time, I always return home feeling much less fragmented and more able to just BE present with and listen to people. -Tim*



*The Deeper Journey is my second two-year spiritual community experience and it’s been even richer than the first. The first helped me understand and appreciate the disciplines and rhythms. This experience allowed my heart to catch up with my head. I’m grateful.”-Scott*



*It’s been wonderful to relate to these brothers and sisters in Christ not primarily as professional colleagues or as delegates to some church assembly or even as attenders at a conference or workshop but rather as fellow God-seekers who desire together to grow in communion with him. In my experience, this kind of fellowship has been all too rare, which makes finding it in the Deeper Journey very sweet indeed. -David*

All retreats will be held near Lansing, MI, at the  
St. Francis Retreat Center  
703 East Main Street  
DeWitt, Michigan

# Deeper Journey

*sacred rhythms for the soul*



Be still and know that I am God

Be still and know

Be still

Be

**A TWO-YEAR JOURNEY INTO GREATER INTIMACY WITH GOD**

**A ministry of the  
Great Lakes Region of the  
Christian Reformed Church**